

Menus

Cereal, juice & milk are offered with breakfast. All meals come with one carton of milk.

Extra milk may be purchased for \$0.35 each. Menu subject to change

	<u>Breakfast</u>	<u>Lunch</u>
<u>March 1-2</u>		
Thursday:	Omelet	Pizza, Lettuce & Dressing, Fruit
Friday:	NO SCHOOL	
<u>March 5-9</u>		
Monday:	French Toast	Burrito, Chips & Cheese, Corn , Fruit
Tuesday:	Donut	Chicken Noodle Soup, Ham & Cheese Sandwich, Peas, Fruit
Wednesday:	Pancakes	Hamburger, Bun, Baked Beans, Vegetables, Fruit
Thursday:	Omelet	Chili Dog, Bun, Vegetables, Fruit
Friday:	NO SCHOOL	
<u>March 12-16</u>		
Monday:	French Toast	Sloppy Joes, Bun, Baked Beans, Vegetables, Fruit
Tuesday:	Donut	Chicken Patty, Mashed potatoes, Gravy, Bread & Butter, Fruit
Wednesday:	Pancakes	Spaghetti & Meat sauce, Breadstick, Lettuce & Dressing, Fruit
Thursday:	Sausage & Biscuit	Quesadilla, Broccoli, Vegetables, Fruit
Friday:	Omelet	Fish, Mac -n- Cheese, Vegetable, Fruit
<u>March 19-23</u>		
Monday:	French Toast	Hamburger, Bun, Baked Beans, Vegetable, Fruit
Tuesday:	Muffin	BBQ Pork, Bun, Potato Wedges, Vegetables, Fruit
Wednesday:	Donut	Chili, or Veg Beef Soup, PBJ, Vegetables, Fruit
Thursday:	Pancakes	Pizza, Corn, Vegetables, Fruit
Friday:	Omelet	Cooks Choice ?
<u>March 26-30</u>		
Monday:	French Toast	Corn Dog, Baked Beans, Vegetables, Fruit
Tuesday:	Pancakes	BR. Pork Patty, Bun, Potato Wedges, Vegetables, Fruit
Wednesday:	Donut	Spaghetti & Meat sauce, Lettuce & Dressing, Breadstick, Fruit
Thursday:	Sausage & Biscuit	Chicken Patty, Mashed Potato, Gravy, Bread & Butter, Fruit
Friday:	NO SCHOOL	

TOTAL MONTHLY COST

	Days	Price	Total
K-6 Lunches:	19	\$2.75	\$52.25
7-12 Lunches:	19	\$3.00	\$57.00
K-12 Reduced Lunch:	19	\$0.40	\$7.60
K-12 Breakfast:	19	\$1.75	\$33.25
K-12 Reduced Breakfast:	19	\$0.30	\$5.70
K-2 Afternoon Milk:	19	\$0.35	\$6.65
Adult Lunches		3.55/meal	



PLEASE NOTE: ***Families with multiple students can submit one check. The check will be divided among students according to need unless the parents indicate otherwise in the memo field.

Remember to check your child's lunch account balance by accessing the website at www.freemanpublicschools.org and utilizing your PowerSchool password, or call or email the school office for that information. ***

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http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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